LASERLIPO: THE BODY SCULPTING PROCEDURE



BERTHA BAUM PGY 2 Dermatology Resident

very day we receive questions from new and old patients regarding LaserLipo. This simple procedure gives great results with very little down time. At Hollywood Dermatology we offer many services unique for patients like you. One of our great programs is the VIP membership program that includes great discounts for our loyal costumers. Call for a Free LaserLipo Consultation Today!

WHAT IS LASERLIPO?

LaserLipo liposculpture is a non-invasive fat removal procedure done in the office. By directing the energy of the laser to the area beneath the surface of the skin, there is a break up of fatty tissue and fat will get dissolved in this fashion. Also this technique encourages the development of collagen, which results in a tighter and more toned appearance. The technique is popular because it requires no incisions or general anesthesia. LaserLipo also helps treat localized pockets of fat which cannot be effectively treated with traditional liposuction techniques, or unwanted fat resistant to diet and exercise.

WHO IS A CANDIDATE FOR LASERLIPO?

In general, anyone with discrete pockets of fat which do not respond to diet and exercise may be a good candidate for the LaserLipo technique. The ideal candidate is an individual who is in good health, enjoys a healthy lifestyle (eating healthy and exercising), and is not obese.

WHICH AREA IS LASERLIPO USEFUL FOR?

The most popular areas treated by LaserLipo are the ones in need for excess fat removal and skin tightening such as the abdomen, buttocks, thighs, waist or love handles, hips, flanks or saddlebags, chin, neck, and upper arm. LipoLaser is also ideal for treating male breast reduction, or gynecomastia.

HOW MUCH FAT CAN BE REMOVED WITH LASERLIPO?

During one procedure, as much as 3500 mL of fat can be removed.

WILL THE FAT REMOVAL BE PERMANENT?

The fat removal will be permanent as long as the patient maintains a healthy diet after the procedure.

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HOW IS THE PROCEDURE PERFORMED?

Prior to beginning LaserLipo, the areas to be treated will be carefully marked and a local anesthetic will be given to numb the area. Using a small, handheld device, the laser energy is directed toward the fat cells beneath the skins surface. As the laser energy is fired, the fat cells break apart and liquefy. During the initial days following the procedure, the liquefied fat will be drained away by the bodys natural processes. The laser energy also encourages the growth of new collagen, which tightens skin and improves the overall appearance of the treated area. The laser energy also helps seal small blood vessels, reducing bleeding and subsequent swelling in the treatment area.

HOW LONG DOES IT TAKE TO RECOVER?

During the recovery process, there may be some minor discomfort for the first 24 hours following the procedure, which can be effectively treated with OTC medication. Individuals may also experience minor and temporary bruising, which typically disappears within 2 to 3 days of treatment. A compression garment may be recommended to minimize swelling. Results will be seen 2 months after the procedure. Most people return to work after 24-48 hours.

WHAT ARE ADVANTAGES OF LASERLIPO OVER OTHER PROCEDURES?

- No general anesthesia.
- Effective treatment for fatty deposits.
- Minimal discomfort.
- Quick recovery with no downtime.
- Tighter skin.

IS LASERLIPO COVERED BY INSURANCE?

No, this is considered a cosmetic procedure.

THINGS TO CONSIDER WHEN SELECTING THE DOCTOR TO UNDERGO THE LASERLIPO PROCEDURE?

- 1. Choose a board certified dermatologist or plastic surgeon specialist who has received specific training in cosmetic surgery procedures.
- 2. Certified physicians with at least 15 years of cosmetic surgery experience.
- 3. Seek word-of-mouth recommendations from satisfied patients.
- 4. Request before and after pictures of actual patients.



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